



BOOMBOX

by SAND-R

You have selected Closer Captions with Low graphics.

Welcome to Boombox, this transcript features closer or more open captions, inspired by Christine Sun Kim's approach to captions. These captions will feature descriptions that include the sense of smell and touch. The graphics of this transcript are set to Low.

Please refer to the accessibility pack on SAND-R.com/Boombox for a choice of: Relaxed Captions, Closer Captions, Generic Captions or Subtitles. Graphics on High, Medium or Low

Information before we dive in

Music is continuously playing throughout the piece. Pages are marked with timestamp titles above them, in case that is helpful for you. The titles are black, in Arial size 16 and in bold like the following example:

04:44

Spoken text is black, in Arial size 12 and in bold like the following example:

The need to SUSTAIN and enjoy current heat.

Audio descriptions/captions are in black in Arial size 12 and put in between brackets like the following example:

[heartbleeps, building in pitch].

Transcript created by SAND-R with special thanks to Lily Norton

0:00

hythmic hum]

[walkie talkie]

This is an audio product you're allowed to move to.

[empty space whale yelling into the void]

[smell of copper]

[optimistic voice]

Hello,

I'm SAND-R and you can use the pronounce he/him and they/them.

[sad squeak]

Welcome to my audio bubble,

[bubble gun blows bubbles]

this is an audio choreography called BOOMBOX.

[Boombox drops in lake]

It's so nice of you to join me

and if you have been here before, welcome back.

[cosmic advertising]

Welcome ba-ack.

[curtain with tiny bells move]

[heartbleeps of depleted spaceship]

To make sure I can enjoy, myself.

To make sure exhaustion, doesn't knock out my body the next day.

You will occasionally hear the settings menu.

An option will be selected,

and my BOOMBOX will respond.

[empty space whale yelling into void]

01:14

Three options are available when I dance.

[empty space whale yelling into the void]

Sometimes I want to INCREASE my energy,

[heartbeeps, building in pitch]

to make my front wheels float up in the air, like I, just don't care.

[empty space whale, ominous hum]

Or I need to decide to SUSTAIN my energy

and enjoy the current heat level my body has generated.

[toes dipped in a warm sunny lake]

It's also okay to bring movement to a temporary close so I can RECAPTURE my energy.

[wheat fields fold to gentle breaths]

Three options,

to INCREASE energy

like I just don't care.

The need to SUSTAIN and enjoy current heat.

[resonating hum]

A temporary close to RECAPTURE energy.

BOOMBOX responds to me.

Time to open up my bubble and invite you in.

[robot sinking under water]

[spoons on rubber drum set]

Please come in and lets INCREASE our energy.

02:43

[rhythmic beat]

As, the, beat, comes in,

[base stuck in honey]

The blur of my body disappears slowly,

[wind chimes move]

Shapes start to take shape,

Cleaning my camera lens,

[curtains of little bells move]

My muscles, start to move,

Heat, pushes out the cold,

[metallic brushing]

Muscles, become warmer

[braking car]

Ready,

to keep pushing out, the cold,

The cold is replaced by the beat,

The beat is pushing out the cold,

Pushing out the cold,

[wind turbines start]

The beat, coming in.

03:34

[1996 four-tone ringtone]
[distorted and optimistic voices alternating]

OPENING SETTINGS

I'm choosing between:

INCREASE

SUSTAIN

RECAPTURE

[spaceship beeps]
Feels like increase is the best option
[dusty computers]

INCREASE SELECTED

[sci-fi bionic fly]

03:58

[walkie talkie voice]

[bleeps echo through void]

Energy is travelling through my body,

[machine out of control]

Finding shoulders, arms and elbow.

Energizing and moving shoulders,

[clanks on pots and pans]

Opening up the shoulders to movement.

[smell of ink]

Movement playing with the shoulders as if it's the very first time,

[steam fills room]

Like the first time movement has reached the shoulders,

[siren humming, drawing you closer]

Energy and movement reaching

and spreading from the shoulders,

[drowning robot]

Shoulders playing with the body.

[smell of old electronics]

Arms going out from the center.

Playing with the air,

The air from outside is being noticed,

Noticed by my body,

[robot depleting]

craving fresher air.

[wind turbines start]

04:44

[1996 four-tone ringtone]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

[spaceship beeps]
[dusty computers]

INCREASE SELECTED

[sci-fi bionic fly]
[wind turbines start]

04:58

[alternating voices: distorted, pitchy, low]
[strong bass drum hits]
[steam repeats]

Bee-bee-bee-beat
Pu-pu-pu-push
Energy-gy-gy
Pla-pla-pla-play
Moo, moo-, moo-, move
Bee-bee-bee-beat
Pu-pu-pu-push
Energy-gy-gy
Bee-bee-bee-beat
[siren hums]
Pu-pu-pu-push
Energy-gy-gy
Pla-pla-pla-play
Moo, moo-, moo-, move
Bee-bee-bee-beat
Pu-pu-pu-push
[all voices]
Energy-gy-gy

05:28

[electronic wind whistle]
[1996 four-tone ringtone]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

[spaceships beeps]
[dusty computer smell]

RECAPTURE SELECTED

[sci-fi bionic fly]

05:40

[optimistic voice]

[walkie talkie]

Tien

Hands push, and slide, over the wheels, to start the chair moving

[rocking gently]

Negen

The chair speeds up, as Sander lowers the chest

Acht

As the chest lowers,

eyes are scanning the floor,

that is passing underneath them

Zeven

looking for a place, to lower hand, up-onto.

Zes

A hand is planted firmly on the floor.

Vijf

Front wheels never stop moving.

As the wheels pass the heel of the hand,

the heel of the hand, is slightly raised

Vier

and, the other arm comes up

[bathing in the sun]

as if the arm and hand, are playing the harp

from back to forward-to forward

Drie

Hips are facing forward

moving enveloped, between the two wheels,

around the floor hand

The hand that reached to the sky,

[desolate hum]

now returns to one wheel

Twee

Een

[pause, forgotten something]

Like a press that was left in the sand

the floor hand moves away again

as body, and wheels, leave the scene

with hands, gently, pushing the wheels, forward.

[wind turbines start]

07:12

[1996 four-tone ringtone]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

[spaceship beeps]
[machine spinning]

INCREASE SELECTED

[new computer smell]

07:26

[optimistic voice]

[typewriter types, bangs and clanks]

Body going outside, moving from its initial position

[oooo-o-aaaaa, ghostly voice]

Powered by the beat and the movements that generated heat,

The power of the beat shaking up the movements,

Pushing in and out of my home,

My room is filling with sound,

Music, pumping through the space,

[electricity moving through air]

Rippling through everything it touches,

[drowning robot]

Body rippling through the space.

08:06

[1996 four-tone ringtone]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

[spaceship beeps]

SUSTAIN SELECTED

[drowning robot]
[in dream state hammer hits anvil]

08:15

[echo voice]

**Taking shape
inside of my body**

[dream echo]

**Pushing out
pushing out**

[vibrations of an illuminating sword]

**the beat was
pushing
out**

**The energy
found
my shoulders
like a door hinge
screw
screwed in like the
first time.**

**In
out
I like to play
with going
not
out of doors**

**My room was a
boombox
[plunge]
pumping sounds
and the move-
ment ripples
through
the
air.**

[empty space whale yelling into void]

[wind turbines start]

09:12

[1996 four-tone ringtone]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

[spaceship beeps]
[emergency noises]

INCREASE SELECTED

[smell of new electronics]

09:21

[alternating voices: distorted, pitchy, low]

[strong bass drum hits]

[steam repeats]

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

Pla-pla-pla-play

Moo, moo-, moo-, move

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

Bee-bee-bee-beat

[siren hums]

Pu-pu-pu-push

Energy-gy-gy

Pla-pla-pla-play

Moo, moo-, moo-, move

Bee-bee-bee-beat

Pu-pu-pu-push

[all voices]

Energy-gy-gy

09:32

[distorted voice]

Boombox shutting d-d DOWN,

[waste lands]

Energy depleted.

**Energy has been depleted,
please recapture energy.**

[optimistic voice]

**Things have been changing all around us,
We have beennn in just one place,
It's vital to give ourselves permission to rest.**

[cold wind]

**So we may enoying moving again
soon.**

Just

[sigh]

take a moment

[last spark of energy echo]

RECAPTURE SEL-E-E-ECTE-D-D-D-D

[spiraling wind]

10:44

[PING!]

[isolated piano keys]

[rays of sunshine hitting a frozen lake]

[wind chimes move in the wind]

[sound of airplane in a bubble]

[indescribable tranquility on a busy airport]

[spaceship bleeps]

11:30

[1996 four-tone ringtone]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

INCREASE SELECTED

[robot yell]

11:38

I felt free

[endless printing]

Beat

taking shape

inside of my body

Pushing out

pushing out

the beat was

p-p-p-p-pushing

out

The energy

Found

[ambient explosion]

my shoulders

like a door hinge

[bolt over-tightened]

screw

screwed in like the

first time.

In

out

I like to play

[gameshow jingle]

with going

[spaceship announcement sound]

not

out of doors

My room was a

Boombox

[drop in lake]

pumping sounds

and the move-

ment ripples

through

the

air.

[very loud space whale yelling]

12:28

[1996 four-tone ringtone]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

[echoing voice]

INCREASE SELECTED

[excited robot screeching]

12:35

[optimistic voice]
[bass drum hits on every word]

Free Beat

Shape Body

Push Push

Beat Push

Out Energy

Found Shoulders

Door hinge

Screw Screw Time.

In Out

Play Go

Not Out

Room Boombox

Sounds Move

Ripple Through

Air
[flying frisbee]

12:55

[alternating voices: distorted, pitchy, low]

[strong bass drum hits]

[steam escapes]

[emerging from cloud]

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

Pla-pla-pla-play

Moo, moo-, moo-, move

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

[sparkles! repeat]

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

Pla-pla-pla-play

Moo, moo-, moo-, move

Bee-bee-bee-beat

Pu-pu-pu-push

[all voices]

Energy-gy-gy

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

Pla-pla-pla-play

Moo, moo-, moo-, move

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

Bee-bee-bee-beat

Pu-pu-pu-push

Energy-gy-gy

Pla-pla-pla-play

Moo, moo-, moo-, move

Bee-bee-bee-beat

Pu-pu-pu-push

[all voices]

Energy-gy-gy

13:42

[1996 four-tone ringtone]
[spaceship heartbeeps]
[distorted voice]

OPENING SETTINGS

INCREASE

SUSTAIN

RECAPTURE

[optimistic voice]

RECAPTURE SELECTED

[excited robot screeching]

13:52

[warm music bath surrounds you]

[unplugged music moves around]

Take a moment, to feel the energy, buzzing on the inside.

Start to notice, the outside,

reach to your headphones,

and,

make some space for one of your ears to hear the world outside.

**Take a moment, to sense, your neighbours in the outside world,
for 10 counts.**

[continues for 38 seconds]

[whizzling]

I have been free,

I, have pushed out,

The energy found my shoulders,

I have had a play,

I've let music ripple through me in movement,

[sun is shining through curtain]

[fresh cut grass]

15:46

I...

I want to release all of the air out of my body,

Stretch over my wheels like a starfish,

Recapture your own energy however you like

Calming down the body,

Into finding a stillness,

[bubbly ringtone blows bubbles]

Use this to find the center of your own space,

[vibration, depleted heartbeats]

**As it is time for me to close my bubble and to wave you
and your neighbours goodbye**

Thank you for coming by in my boombox bubble

Come back into your space,

Your own space,

Outside of my boombox bubble

And to gently

bring this journey to a close,

And, to return to your life today.

I am SAND-R and I'm looking forward to your visit again,

Wherever or whenever that might be

[windchimes move]

May you have a wonderful day

[bubbles and small bells]

Thank you for travelling with SAND-R

[airline jingle/cosmic advertising]

BOOMBOX

by SAND-R